



Weaselhead Kindergarten - Grade 1 At School Program Teacher's Guide Landscape Changes and Human History on the Land

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Thank you for your participation in our Kindergarten and Grade 1 Weaselhead Education Program! This program is specifically designed to meet cross curricular learning outcomes focused on the new Alberta Science and Social Studies curriculums. Our program is led by a Weaselhead Naturalist who brings their own expertise and personal experiences to your program.

The following items have been enclosed in this Teacher's Guide package:

- Curriculum Connections
- Program Objectives
- Participant Guidelines
- Behavioural Expectations
- A Map of the Weaselhead
- Field Trip Program Outline
- Activities
- Background Information on the Weaselhead Area

Program Overview

Students develop a sense of place by exploring their place in the community and the histories that connect us. Available year round, adapted to season.

Curriculum Connections

Science: Children can identify natural and constructed objects in the environment.

Social Studies: Children examine places in communities; Children explore self, others, and the past through expressions of traditions, cultures, and histories; Children explain how cooperation contributes to achieving common goals.

Guiding Questions

Science

Earth Systems

- How can environments be explored?
- In what ways can environments change?

Social Studies

- What are places within a community?
- How can we identify natural vs. constructed structures
- How can sharing cultures and histories build connections between people?
- How can people work together in groups?

Before the Trip

Pre-trip preparation

- Please have students divided into 4 or 5 groups per class prior to the field trip.
- Students should bring a journal or set up a field trip journal on a clipboard with blank paper.

Participants should:

- dress for the weather; dress in layers and wear appropriate footwear.
- bring a snack, lunch, and plenty of water for a full day field trip.
- bring pencils or pens.
- bring a field journal OR blank paper on a clipboard.
- bring a plastic bag OR mat, if the student does not want to sit on the ground. (Optional)

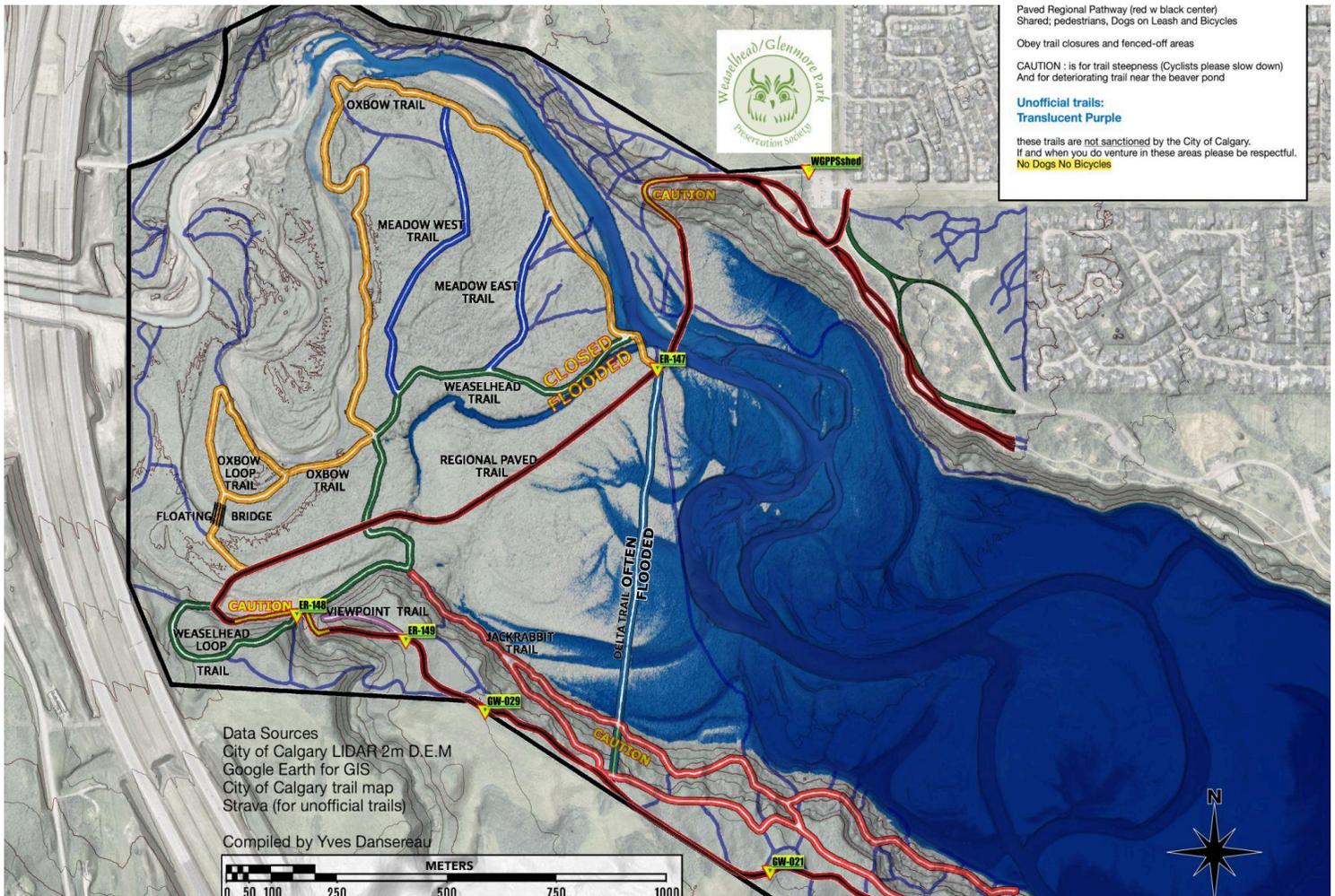
NOTE: This entire program is held outside with no indoor facilities. Students must be prepared for all weather and conditions. They will be hiking approximately 3-5 km on dirt trails. Appropriate footwear is a safety requirement.

Behavioural Expectations

- Remain with the group and keep in sight of supervisors at all times.
- There is always an adult leader at the front of the group and at the end of the group.
- Never remove natural items from the area. Vegetation, insects, mammals, birds, and amphibian life is to be respected and left in the natural habitat.
- Leave no trace of our visit. All litter must be brought back out.
- Unsafe behaviour such as tripping, wrestling, fighting, and teasing is unacceptable and may result in withdrawal from the activity.
- Cooperation by listening, participating in group discussions, observing, and recording is expected during the learning experience.
- Each adult is expected to participate in the activities and to provide due safety and care for each of the students.
- No headphones or earbuds are allowed. This is for the safety of the participants.
- **Cell phones are not to be used, unless there is an emergency. This applies to parent volunteers as well.**

Map of the Area

Your group will be starting their hike at the 37th Street Parking Lot. Meet your Naturalist leader at the shed located in the NW corner of the parking lot. We will hike into the Weaselhead down the hill to cross the bridge and explore the area. Depending on conditions, we may also be using the fields and the Aspen Forest in North Glenmore Park.



Field Trip Program Outline: FULL DAY

9:30 am	<ul style="list-style-type: none"> Meet your Naturalists at the grey shed in the NW corner of the parking lot at 37th Street.
9:30 – 9:45 am	<ul style="list-style-type: none"> Introduction, Land Acknowledgement, park rules, and expectations Washroom visit

9:45 – 10:30 am	<ul style="list-style-type: none"> ● Hike to discuss communities and natural vs. constructed parts of the community ● Activity: scavenger hunt for natural vs. constructed materials
10:30 – 10:40 am	<ul style="list-style-type: none"> ● Snack break
10:40 – 12:00 pm	<ul style="list-style-type: none"> ● Hike with a focus on observing and learning about bird and animal movement ● Activity: Animal Track Patterns ● Activity: Recycle Relay
12:00 – 12:30 pm	<ul style="list-style-type: none"> ● Lunch
12:30 – 1:45 pm	<ul style="list-style-type: none"> ● Activity: Forest 5 exercise (5 minutes of quiet to use their senses and discover the world around them) ● Storytelling: stories from land and sky
1:45 – 2:30 pm	<ul style="list-style-type: none"> ● Walk back to field near parking lot ● Wrap up Discussion

Please Note: This outline is adjusted by each Naturalist leader to accommodate distances between the classes. If there are 2 or 3 classes coming, we will be visiting different places at different times and may not see each other during the day. The above is just an example of a typical outline.

Field Trip Program Outline: HALF DAY

9:30 am	<ul style="list-style-type: none"> ● Meet your Naturalists at the grey shed in the NW corner of the parking lot at 37th Street.
9:30 – 9:45 am	<ul style="list-style-type: none"> ● Introduction, Land Acknowledgement, park rules, and expectations ● Washroom visit
9:45 am – 12:00 pm	<ul style="list-style-type: none"> ● Choose from either the morning or afternoon full day program outlined above

Activities

- Nature walk or presentation to identify natural vs. constructed parts of the community
- Scavenger hunt to search for natural vs. constructed items or structures
- Animal track patterns: students will learn how different animals move which will be used in the next activity
- Recycle relay: Moving like different animals, students will learn to work together in a relay sorting items into different categories (recycle, garbage, compost)
- Storytelling featuring Indigenous narratives related to the land and sky. Star stories from around the world are also shared to show how we can use stories to learn and connect to each other and develop a sense of place in the community.

Weaselhead History

The Weaselhead area has a name shrouded in mystery. Like so many Indigenous stories, how the Weaselhead got its name has been lost over time. What we do know is that although there are weasels that call this area home, the name has nothing to do with actual weasels! Weaselhead is a traditional Blackfoot last name, so the name may be related to someone from the Blackfoot

Confederacy. There is written history of a man with the name Weazel Head on the Tsuut'ina reserve as well, but little is known about where he originated. Early settler Sam Livingston, whose house is now part of Calgary's Heritage Park, was the first European to settle in the Elbow River valley, now known as the Weaselhead.

Between 1910 and 1990, Tsuut'ina reserve and parts of the Weaselhead were used for military training exercises. Foxholes and signs warning of ordinances possibly left behind remind us of this history, even today. The last time an exploded device was found was during the floods of 2013.

The City of Calgary bought what is now the Weaselhead from the Tsuut'ina Nation in 1929 to build the Glenmore Reservoir, which still provides roughly 40% of Calgary's drinking water.

Today, this protected area spans 404 hectares (989 acres) and is bursting with diverse habitats. Wander through dense White Spruce forests, leafy Balsam Poplar groves, and colourful wildflower meadows. The Elbow River winds through it all, with floodplains, beaver ponds, and wetlands teeming with life.

As you explore, you'll uncover clues to the area's rich history. Fossils in sandstone cliffs date back 35 million years, and traces of ancient river paths still shape the landscape. You can find evidence of Indigenous campsites and buffalo hunts, as well as remnants of a military training base that once operated here.

With over 480 plant species, including rare ones like the Western Wood Lily, the Weaselhead is a wildlife haven. Frogs, salamanders, and more than 200 bird species thrive here, while larger animals like moose, bears, and even cougars visit throughout the year.

The Weaselhead is a living tapestry of Calgary's natural and cultural history, offering a rich, engaging experience for all who visit.